

ART JOURNALING

with *Make
Wells*



my favorite
supplies

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ART JOURNALS/SKETCHBOOKS

There are many art journals and sketchbooks you can use, but below are some of my favorites. I recommend a heavy weight paper in your book of choice, however, I've found that I can work in acrylics with just about any weight of paper, so get what's in your budget. I prefer hard bound books to create spreads, however, these can be pricier.

My favorite books for art journaling are Arteza Watercolor Books and Strathmore 400 Series Watercolor Art Journals.

I use the 8.5" x 11" book for the Workshop Week lesson.

- **Strathmore 400 Series Watercolor Art Journal** (*what I use in the lesson*)
- **Arteza Watercolor Books**
- **Canson Mixed Media Sketchbook** (if you don't mind a spiral bound book, this is my favorite book for keeping a regular sketchbook. It is great for acrylic, watercolor, marker and just about anything else!)
- **An old book!** (it can be fun to paint in a real hardcover book)
- **Strathmore Mixed Media Art Journal**

BRUSHES

I like to have a variety of flat and round brushes of all sizes. If you don't have many brushes, you can get away with just 3 or 4! Try to have one larger flat brush, a medium round brush, and a small round.

If you don't have many brushes, I recommend these starter sets:

Jerry Q Art 24 Pcs Artist Paint Brush Set and **Vinsonzi 10 Piece Miniature Brush Sets**. You can find both of these on Amazon.

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PAINT

I use acrylics and watercolors in my art journals

For acrylics, I prefer craft paint when I work in an art journal - any brand will do. These are super affordable and come in tons of colors so you do not need to worry about having knowledge mixing color.

My favorite brand of craft paints is **DecoArt Americana**.

A watercolor pan set is a good idea to have. I love the **Koi watercolor sets** and a brand called **Dainayu**. If you are on a budget, believe it or not, **Crayola**.

My **FAVORITE** watercolors are **Concentrated Watercolors by Dr. PH Martin**.
(both the Radiant Series and Hydrus Series)

For lettering, I prefer **Golden High Flow acrylics** for black and **Dr. PH Martin Bleedproof White** for white.

ADHESIVES AND GEL MEDIUMS

I work with collage elements quite a bit, so a good adhesive is necessary. I prefer to use **Liquitex Matte Medium**. Glue sticks work, modpodge, and Gel Mediums (once again I prefer Liquitex)

Other favorite products are **Tombow Aqua Mono Liquid Glue** and **Tombow Permanent Adhesive**.

MISCELLANEOUS

One of my favorite things with art journaling is using a bunch of random stuff! I use **stencils, stickers, collage papers** (such as torn notebook paper, torn pages from old books, patterned scrapbook papers, etc.) I'll also use **photos, bubble wrap and washi tapes**.



PENS/MARKERS

There are so many pens that I love to use art journaling! My favorite of all are the **Tombow Fudenosuke Calligraphy pens**. These are great if you want to create some line variation (thick/thin lines) and write very well on top of fully dried acrylic or watercolors.

Sharpies of all colors and sizes are good to have, as well as the **Tombow Mono Permanent markers**.

I also really enjoy using **Uniball signo gel pens** - in black or white. The white is my all-time FAVORITE white gel pen and I highly recommend purchasing a few of these for writing and doodling on black or darker backgrounds.

If you enjoy trying out a variety of pens, I recommend the website **Jetpens.com!**

For larger lettering/writing, the **Tombow Dual brush pens** are great (you can tell I love Tombow products!) And for thin/smaller writing, the **Tombow Mono drawing pens** are great to have!

If you enjoy drawing or writing in pencil, choose drawing pencils with a softer lead, such as a 4B, 6B, or 8B. **Generals's** pencils and the **Tombow Mono** pencils are great options.